

Mastery in Action

The Advanced Techniques of The One Command

Practice Worksheet Week 4

Set aside quiet time to answer these questions and practice the Hyper-Link Theta Command. The practice worksheet was designed for your personal use to deepen and expand your experience.

Your New Circle of Influence Process

Having a new inner dynamic of you as an insider with influence and positive feedback and positive responses to you and your ideas is immeasurable.

The goal of the Inner Circle of Influence process is to establish a brand new base line of identity about who you are and how you are accepted and supported.

After answering questions #1-6 use your Mastery in Action Manual week 4, pages 4-5 to take yourself through the Circle of Influence process.

1. What do you think you would look like as an insider?

2. What do you imagine you would have as an insider that you don't have now?

3. What qualities would you have that you don't have now?

4. How effective would you be in your personal and business dealings as an insider?

5. What extra magic or super power would you have as an insider?

6. How would your life be changed and improved?

Now that you have gone through the Circle of Influence process, answer the following questions to lock the changes into your conscious mind.

1. What did you notice that is different after doing this exercise?

2. Who are you now from this new position in Your New Circle of Influence?

3. How will you live your life differently from this new position as the Insider of your Circle of Influence?